

NEWSLETTER



SUMMER 2 - 20TH JULY 2023

UXBRIDGE
HIGH SCHOOL

I am writing this post on the morning of culture day. The sun is shining, the flags are flying and there is a sense of excitement for what will be a highlight of this year. As we reflect on my first year of Principal at Uxbridge High School, I see no better representation of the reason it is a great privilege to lead this fantastic school. This newsletter is designed to be a celebration of all the amazing students at the school. Culture day itself is a celebration of our proud values. One of the questions we ask the young people is

"Is it OK to be different at Uxbridge High School?"

We teach that diversity is vibrant, being unique makes our school interesting and today we bring all of that together to celebrate the range of cultures at our school. Today is a moment, but we are incredibly proud of the work we do throughout the year to ensure we have an equitable school where all young people thrive.

As I continue to reflect on my first year as Principal, I know there is always more to be done; I have great belief in the potential of this school, and of every individual within it. That is what the gold vision is all about, it is having the highest ambition, but also moving every parent, every student, and every member of staff to believe that together we can achieve and that that achievement can be broad. We need to ensure that young people build their self-esteem by experiencing success. For some this is, of course, high academic standards, but our culture and values are around success not being limited. This newsletter highlights the range of opportunities for students to show their talents and experience success. We hope it inspires you and the students.

We continue to want the best for every single young person in our school, we continue to want to provide them with the best opportunities, the best curriculum, and the best adults to achieve their dreams. I, as a parent myself, know you want the best for your own, I hope that you can also believe in the strength of community. If everyone at the school joins together, works collaboratively and develops trust in the vision, that is when gold standards become a consistent reality. This newsletter will show you that we really have a gold standard curriculum and with your support we move forward. I know with your trust we can create a culture and environment where every young person believes in their future, believes in what education can do for their future and therefore has a golden sky ahead of them not just for themselves but for the next generation.

Have a fantastic summer and see you on the other side.

Louisa Seymour

STUDENT VOICE

The student council at Uxbridge High School has made a significant impact this year by actively working to improve the school experience for everyone. They have dedicated their time to discussing important matters and advocating for positive change. One notable accomplishment of the student council has been their efforts to enhance the canteen experience. They campaigned for a more diverse range of hot food options, ensuring that there are always halal and vegetarian choices available. They also ensured that food items are clearly labeled and priced. In response to concerns about long queues, the school made changes to streamline the lunch process, ensuring that all students can purchase their food within the first 15 minutes.

The student council also represented the concerns of the wider school community regarding long queues for toilets during break and lunch times. As a result, the school has decided to make significant improvements to the student services toilets over the summer. They will renovate the existing spaces to make them more modern and comfortable, and they will create extra toilet facilities by renovating the old student services and medical rooms.

Additionally, the combination of the student council and prefect roles provided students with numerous opportunities to represent the school at important events. They participated in open evenings and mornings, transition days, and the Year 11 end-of-year assembly. The UHS prefects also had the privilege of representing their peers in significant political events. They had the chance to question Boris Johnson, the former Prime Minister and MP of Uxbridge and South Ruislip. Furthermore, they organized a question time event for the local by-election candidates in the parliamentary constituency.

As a new academic year approaches, the student council has been disbanded to make way for new representatives. All prefects and student council members should feel immensely proud of their achievements this year and their embodiment of the PROUD values that define our esteemed institution.



FAREWELL YEAR 11

The end of exams was an exciting time for Year 11 students. They had a leavers' assembly where they signed each other's shirts. The assembly started with Khadija and Breanna singing beautifully. The tutees received certificates, and Karnveer played a lovely piano piece. They also introduced a new award called the Golden Laurel award, which recognized students for academic progress, improvement, leadership, music, sports, outdoor activities, and promoting diversity. Congratulations to all the students who received awards!

Shortly after, many students attended taster days for the sixth form at school. It was great to see them back so soon! The Year 11 prom was held at Q Vardis and it was a fantastic event. Everyone made an effort with their outfits and looked fabulous! Students and even some staff members danced and had a great time!

Lastly, we want to remind Year 11 students and parents that exam results will be available for collection on Thursday, 24th August from 8:30 am. The staff will be in the Lancaster Building on the ground floor to support and celebrate with the students. We are excited to see them and share in their successes.





CRICKET ACADEMY



I am excited to share the end of season report for the Uxbridge High School cricket academy. Our students have shown incredible dedication and progress over the past 18 months. The academy aims to provide a nurturing environment for cricket enthusiasts, fostering their skills, promoting physical fitness, social skills, discipline and sportsmanship, while facilitating personal growth. I am extremely proud of their achievements this season.

The commitment and passion our students have shown for cricket have been exceptional. They have demonstrated a strong work ethic, resilience and a desire to improve. Their dedication has been inspiring and has contributed to their personal growth both on and off the field.

YEAR 7 TEAM:

I am delighted to announce that our Year 7 cricket team finished the season as Hillingdon Borough Champions. This remarkable accomplishment reflects their talent, determination and teamwork. Under the guidance of our exceptional coaching staff, they have honed their skills, developed strategic thinking, and demonstrated outstanding performance. Congratulations to them on this well-deserved victory.

Top Run Scorer: Mithul

Top Wicket Taker: Huzaifah

Most Improved: Abdul

YEAR 8 TEAM:

Our Year 8 cricket team has also excelled this season, securing the title of runners up in the Hillingdon Borough Cup. Their skills and teamwork have been exceptional and they have displayed commendable sportsmanship and dedication throughout. Their achievements are a testament to their talent and hard work.

Top Run Scorer: Ranvir

Top Wicket Taker: Mohammed

Most Improved: Sansayan



YEAR 9 TEAM:

Despite limited match opportunities due to weather conditions, our Year 9 students have shown remarkable commitment this season. They have attended practices eagerly, maintained focus and demonstrated dedication to the sport.

Top Run Scorer: Sahib

Top Wicket Taker: Abdul-Haseeb

Most Improved: Nojus

Our students have made significant progress in various aspects of the game this season. From mastering batting techniques to refining bowling skills and sharpening fielding abilities, they have consistently strived for excellence. I have witnessed their growth as individuals and as a team, both in terms of skill development and fostering camaraderie.

I would like to extend my thanks to our PE staff, Mr Ahmed, Mr Hunt and Mr Blackman, for their continued support throughout the season. Your dedication has been instrumental in the success of our cricket program.

I also want to express my gratitude to all the parents and guardians for their unwavering support and encouragement. Your involvement has created a positive environment for our students to thrive and excel.

In conclusion, I celebrate the remarkable achievements of our students and acknowledge their progress since the establishment of the Uxbridge High School cricket academy. Their commitment, determination, and talent have brought immense pride to our school, and I am confident they will continue to shine brightly in the future.

Once again, congratulations to our Year 7 team for becoming Hillingdon Borough Champions and our Year 8 team for securing the Runners Up position. I look forward to the continued success and growth of our cricket programme at Uxbridge High School.



HUSTINGS

Meet the Candidates

We were honored to host a unique 'meet the candidates' event at Uxbridge High School, bringing together candidates running in the Uxbridge and South Ruislip by-election. This provided a valuable opportunity for our students and staff to engage with prominent figures in local politics and discuss pressing matters affecting the constituency.

Guided by Ella Ryan, a passionate history student, the event featured an esteemed panel of candidates representing various political parties, including Steve Tuckwell (Conservative Party), Sarah Green (Green Party), James Murray (Labour Party), Blaise Baquiche (Liberal Democrats), Steve Gardner (Social Democrats), and Rebecca Jane (UKIP).

The audience consisted of a-level history and politics students, members of our student council, and staff residing within the constituency. Our students prepared insightful questions on topics such as the candidates' positions on HS2 and ULEZ, as well as their plans to support young people, schools and include youth voices in decision-making processes.

The 'meet the candidates' event provided a unique platform for an open and candid discussion, allowing attendees to gain firsthand insights into the candidates' perspectives and policy proposals. We sincerely appreciate all the candidates for taking time out of their demanding campaign schedules to engage with our young people. Their presence highlighted the significance of youth participation and the importance of fostering political engagement among the next generation.

At Uxbridge High School, we strive to inspire our students to actively participate in democratic processes and voice their opinions. Such events contribute to cultivating an informed and politically engaged citizenry, leading to a stronger and more inclusive society. We believe that by providing these opportunities, our students are empowered to shape the future of their community. We take pride in fostering a culture of civic participation and encouraging our students to be active agents of change.



MUSIC CONCERT

This summer term, we are thrilled to share the vibrant music scene at Uxbridge High School with our parents and families! Our summer music concert showcased the incredible talents of our students, leaving us bursting with pride. The concert featured a diverse range of ambitious and beautifully performed music, highlighting the cultural depth within our school.

One aspect that truly impressed us was the remarkable progress our students have made. Their hard work in music lessons and participation in extra curricular music groups throughout the year paid off. We witnessed stylish, confident and captivating performances on stage, and the overwhelmingly positive response from students of all year groups, as well as parents, friends, and family, was truly heartwarming.

We want to express our appreciation to our dedicated music teachers and instructors for their unwavering support and guidance. Their commitment has played a crucial role in nurturing the musical talents of our students and creating an environment where they can thrive.

Music is not just a form of entertainment; it is a powerful tool for personal growth, self-expression, and building confidence. We are delighted to witness the positive impact that music education has had on our students' lives. It is a testament to the importance of fostering a well-rounded education that includes the arts.

We encourage parents and families to continue supporting their children's musical endeavors. Whether it's singing, playing an instrument, or exploring different genres, music offers endless opportunities for creativity and personal fulfillment. Let us continue to celebrate the joy and power of music in our school community.

Thank you to everyone who attended the summer music concert and showed their support. Your presence and applause meant a great deal to our talented performers. We are excited to see the continued growth and success of our music programme at Uxbridge High School.





We are delighted to share the success of our Duke of Edinburgh (DofE) programme this year, which involved three year groups. Our Year 11 students accomplished their Silver award by embarking on a thrilling 3-day expedition in Dorset last April. In addition, we welcomed two new cohorts of Year 9 and Year 10 students into the DofE programme.

Throughout the year, students have been actively engaged in various activities as part of their DofE journey. They have taken on a new skill to learn or develop, engaged in a physical activity, and volunteered their time in the community. It has been a joy to witness their enthusiasm as they explored a wide range of interests, from learning a new language or playing darts, to undertaking photography projects. They have participated in sports clubs or used exercise tracking apps to stay physically active.

We have been immensely proud to read their evidence and assessor reports, witnessing the amazing contributions they have made to the local community. They have supported Uxbridge library, volunteered in charity shops, assisted at their church and even helped at the school's homework club. Their dedication to making a positive impact has been inspiring.



In June, our Year 9 students completed their Bronze expedition, braving the heat wave as they walked to Paccar Scout Campsite in Gerrards Cross and returned to school the following day. Meanwhile, our Year 10 students took on their Silver practice expedition in early July, trekking to Walter Davies Scout Campsite in Slough and back. Both cohorts faced physical challenges, carrying heavy bags while navigating with maps and compasses. The expeditions tested their endurance and team-building skills, which wasn't always easy, especially as fatigue and the heat set in. However, they developed their orientation skills, gained independence and forged strong bonds with their peers. Many of them experienced camping for the first time and thoroughly enjoyed spending time in nature with their friends.

As part of their Silver award, the Year 10 cohort will embark on a three-day trip to the stunning New Forest during their activity week. They will have the opportunity to explore the beauty of this national park, while completing their award.

We have received excellent feedback from our students, who have created lifelong memories and eagerly anticipate their next expedition. The DofE programme has empowered them to challenge themselves, develop crucial life skills, and cultivate a love for adventure and exploration.

We extend our gratitude to the dedicated staff who provided in-school training, taught first aid skills, helped students plan their routes and taught them essential camping skills. Their guidance has been instrumental in the success of our DofE programme.

We congratulate all our DofE participants for their exceptional achievements and look forward to witnessing their continued growth and success.





SIXTH FORM

As we come to the end of another remarkable academic year, we would like to take a moment to recognize the outstanding achievements and contributions of our Year 12 students. Throughout the year they have demonstrated immense dedication, perseverance, and enthusiasm.

ACADEMIC EXCELLENCE:

Our Year 12 students have displayed exceptional commitment to their studies, consistently striving for excellence across a wide range of subjects. Their strong academic performances reflect not only their hard work but also their thirst for knowledge and intellectual growth. They have actively engaged in classroom discussions, fostering an environment of critical thinking and collaboration. We are proud of their accomplishments and the intellectual curiosity they have exhibited throughout their final year.

ACTIVE PARTICIPATION:

In addition to their academic pursuits, our Year 12 students have immersed themselves in a plethora of extra curricular activities. They have represented our school with pride in various sports competitions, showcasing their physical prowess and teamwork. Their artistic talents have shone brightly through performances in drama, music and visual arts, leaving us mesmerized by their creativity and passion. Moreover, they have actively volunteered in community service initiatives, embodying the values of compassion and empathy.

Trips: This year we have had the pleasure of organising many trips for our Year 12's - From visiting the Brands Museum, to exploring the Royal Courts of Justice. We also had a Year 12 trip to Rome. All pictures can be found at our UHS Twitter page. Lovely memories were created.

LEADERSHIP AND INITIATIVE

Our Year 12 students have exemplified leadership qualities, taking on important roles within the school community. They have served as mentors to younger students, offering guidance and support. Their involvement in student councils, clubs, and societies has led to the initiation of meaningful projects and events, enriching the school experience for all. Their dedication and initiative have set an inspiring example for their peers. I would like to express my heartfelt gratitude for their tremendous efforts and the immeasurable impact they have had on our school this year.

As we near the end of the year, we want to recognize and celebrate the exceptional achievements of our Year 13 cohort. Throughout the year, they have shown determination, resilience and a positive attitude, making them an exceptional group to work with. We have no doubt that they will continue to achieve great things as they move forward.

ACADEMIC EXCELLENCE:

Our Year 13 students actively participated in study skills sessions to prepare for their end-of-year exams. They attended a revision conference, workshops and assemblies focused on effective techniques. They also completed mock exams, yielding outstanding results. These students have given back to their community through mentoring, tutoring and creating resources. We are proud of their accomplishments and look forward to celebrating their successes on results day.

JOURNEYS/CAREERS:

We are delighted to announce that this year we received the highest number of university applications. 94 out of 97 students applied, receiving offers from prestigious institutions such as Queen Mary, Brunel, York and Newcastle universities. Many students secured offers for competitive courses like dentistry, medicine, and law. For those pursuing different paths, apprenticeships await in September. We eagerly await hearing about their experiences.

TALKS, EVENTS AND WIDER CURRICULAR:

Despite the demands of exams and applications, our Year 13 students embraced various opportunities. They engaged in talks on astrophysics, visited Harrods, The Brand Museum and the Houses of Parliament, participated in Prime Minister's Questions, and heard from a Holocaust survivor. They were actively involved in mentoring, leadership, interview preparation workshops, cooking classes, sports and charity events. Their commitment to a well-rounded education is commendable.

THE BILAL KHAN FOUNDATION CHARITY EVENT:

In memory of our beloved student Bilal Khan, who passed away last summer, our Year 13 students organized fundraising activities. They held a charity football game, dance workshops, self-defense classes, sold badges, ran a confectionery stall and played against Year 12. They raised over £2000 for various charities, leaving a lasting legacy. Uxbridge High School Sixth Form pledges to continue organising similar events, honoring Bilal's memory and showcasing our students' community spirit.

LEAVERS EVENTS:

To celebrate our students' achievements, we hosted a memorable leavers' assembly with awards and nominations, including the Principal's Commendation. Following exams, they enjoyed a spectacular leavers' ball at Richings Park Golf Club, a night of elegance and celebration.

We are immensely proud of our Year 13 students and their incredible accomplishments. They have shown resilience, determination and community spirit. As they embark on new adventures, we have no doubt they will make a positive impact. Congratulations to our graduating class and best wishes for their future endeavors.



2023

At Uxbridge High School, we believe that design and technology should be taught in a way that inspires creativity and imagination. Our pupils are encouraged to consider real-life problems: designing, making and evaluating products considering the product, purpose and user.

We aim to inspire pupils to be innovative and creative thinkers who have an appreciation for the product design cycle through drafting design concepts and ideas, creating their product and reflecting on its suitability.



Some great efforts in the D&T skills club. Students have been making clocks, charging and keyring phone stands and pencil toppers!

Some great efforts in the D&T skills club. Students have been making Clocks, charging and keyring phone stands and pencil toppers!



Year 8s have been illuminating with their animal lamp outcomes!





KS3 3D printed trophies ready for D&T awards.

Year 9 have worked well, with some amazing accomplishments in food technology. Year 9 D&T have been producing sustainable bluetooth speakers and interior design models.



Year 5 and 6 transition days showed an amazing talent coming through in our prospective students.

6th Form students have been showing off their food skills in the kitchen...

Independence in the making!



We've had bird nesting boxes, photo frames, pewter cast keyrings and automata mechanisms.



PE

2022-2023



Where do we begin? What an incredible year our pupils have had in P.E. It has been absolutely fantastic to witness the triumphs of UHS students, not only in their curriculum-based PE lessons but also in their extracurricular activities, fixtures and trips.

The PE department staff had numerous highlights throughout the year, and we've highlighted some of our favourite moments below:

- *Some students had the incredible opportunity to witness world-class tennis players at the Laver Cup.*
- *Our netball, football, cricket, and rounders teams achieved fantastic results. We were proud to have three representatives at the Middlesex schools cross country, who not only represented the school but also Hillingdon.*
- *The Cricket Academy was fully introduced at UHS and students have worked diligently to build and develop their skills.*
- *We hosted the borough cross country event.*
- *Zuhal signed for Middlesex FC.*
- *We organised a memorable trip to Wimbledon.*
- *Health and Social Care students engaged in excellent NHS workshops.*
- *We participated in the PlayStation School's Cup.*
- *Aryan, a sixth form student, received the opportunity to study abroad in the USA and focus on athletics.*
- *Lois won the European Brazilian Jiu-Jitsu Championships in Dublin.*
- *We had over 200 pupils participate in a borough 7-a-side football tournament at UHS.*
- *Riaz won GOLD at the U18 Inter Regional Water Polo Championship.*
- *Dancers from across the school delivered a brilliant christmas showcase.*





We want to take this opportunity to thank all the students who have committed themselves to extracurricular clubs and fixtures this year. Your determination and willingness to take on new challenges are commendable and we eagerly anticipate your continued success in the next academic year.

BTEC sport, sport studies, GCSE PE, BTEC dance, and health and social care students have shown tremendous dedication in reaching their target grades or completing their courses. Your determination and resilience in completing coursework and preparing for exams have been truly impressive. We eagerly await results day and warmly welcome our new cohorts in September 2023.

The PE department may undergo some changes come September. We are delighted to welcome Mr Jones and Mr Royes and eagerly anticipate their contributions to the PE department. With new staff members joining us, it is also a time to bid farewell to an exceptional member of the department. Mr Wolf will be leaving at the end of the year and we wish him all the best for the future and express our heartfelt gratitude for his contributions, not only to the PE Department but to the entire UHS community.

Take some time to rest and recharge over the summer, as we look forward to setting new targets for the upcoming year in September. We will focus on developing our fitness, PE theory, and practical skills while aiming for success in our KOs. We can't wait to see you all and work together again.



CULTURE DAY

The culture carnival day, organised as a celebration of our diverse community and fostering respect and tolerance among students, took on a unique twist this year. Inspired by the atmosphere of a vibrant carnival, the sound of djembe, bhangra, and dhol filled the playground, creating an energetic ambiance. The activities mirrored the UHS fete, with the highlight being "sponge the teacher," where Mr Stephenson, Mr Hunt, and Mr Morgan emerged as the most popular targets. The cake hut and the "guess how many sweets in the jar" provided a moment of tranquillity amidst the excitement.

Furthermore, the event showcased the cultural diversity of our UHS community. Students and staff members adorned themselves in traditional attire, with stands for burka and turban tying, emphasizing the multi-faceted nature of our community. Additionally, the decision to support the local charity, Halo, in Uxbridge, was made following a recommendation from Ms Coombe's. Halo provides mentorship for students who have experienced bereavement and mental illness, two prevalent issues among our student body.

An integral part of the day was the cultural cook-off, where our varied cuisines took the centre stage. The winner, Yuvrika, was determined by esteemed judge Liam Charles from the Bake Off.





Hola

Bonjour

Hallo

привет

مرحبا

LANGUAGES

As we approach the end of the academic year, the languages department would love to share what we have been up to! The students in KS3 are currently enjoying studying a variety of French and Spanish movies. Our film studies project exposes our young people to different cultures in a unique and engaging way. In addition, Year 8 students have studied famous landmarks in Paris, whilst some of our Year 9 Spanish students have researched and presented a Spanish speaking country of choice.

During languages week this year we celebrated the diversity of our UHS community. Students in KS3 had the opportunity to partake in a treasure hunt, whilst some of our bravest KS4 students got to try some of France's delicacies: escargots (snails!)

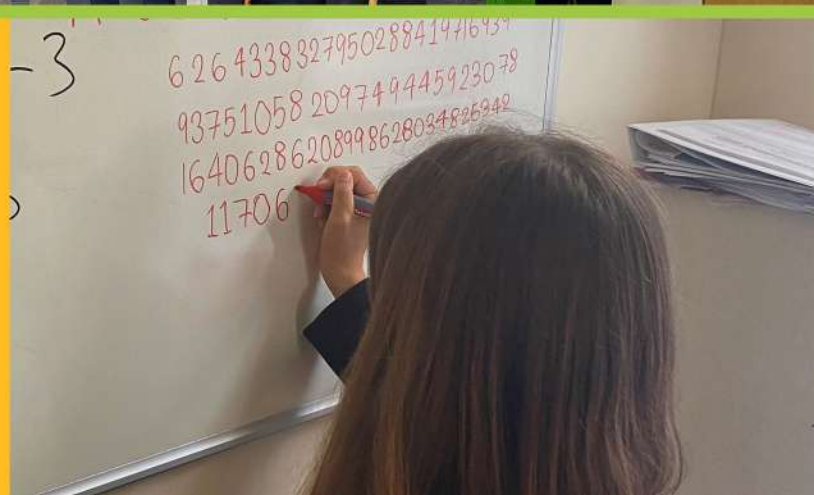
This year, our Year 7 students have had the opportunity to attend the MFL film club at lunchtimes and have been able to watch a variety of movies and TV shows in different languages. We have had a fantastic turnout all year, and we are excited to continue offering this extra-curricular club next academic year.

The MFL department have some exciting opportunities ahead to further enhance students' exposure to the world outside of the classroom. These will primarily take the form of day trips and opportunities to travel abroad. More on this to come...



WELL
DONE

Well Done Amelia in Year 7 has learnt 100 digits of pi, an amazing achievement that she is very proud of!



BUSINESS DEPARTMENT

Year Summary 2022/2023

EVENTS

This year the year 12s BTEC diploma class hosted a Valentine's bake sale for their coursework. The aim of the bake sale was to understand how to start and run a business, whilst working together as a team to make as much profit as possible. The students created marketing campaigns and special offers to encourage other students to purchase their goods. They made £300, which was donated towards the NSPCC charity.



TRIPS

We have organised numerous trips this year. From visiting Stamford Bridge, to visiting the Harrods department store - purpose of the visit was to show the students how different stores cater for different target markets. We discussed how the customer for Harrods has changed over the years, from being a store where celebrities and the rich would shop, to becoming a store the average person can now openly shop in. We talked about what are some of the reasons behind these changes, in particular the rise in disposable incomes to what the average consumer had in the 1980s. The pupils then caught the underground to Lancaster Gate to the Brands Museum, where they had a talk and a tour of how brands have evolved over the years and discussed on to what some of the reasons of how packaging has changed over the 120 years to attract the customer of today.

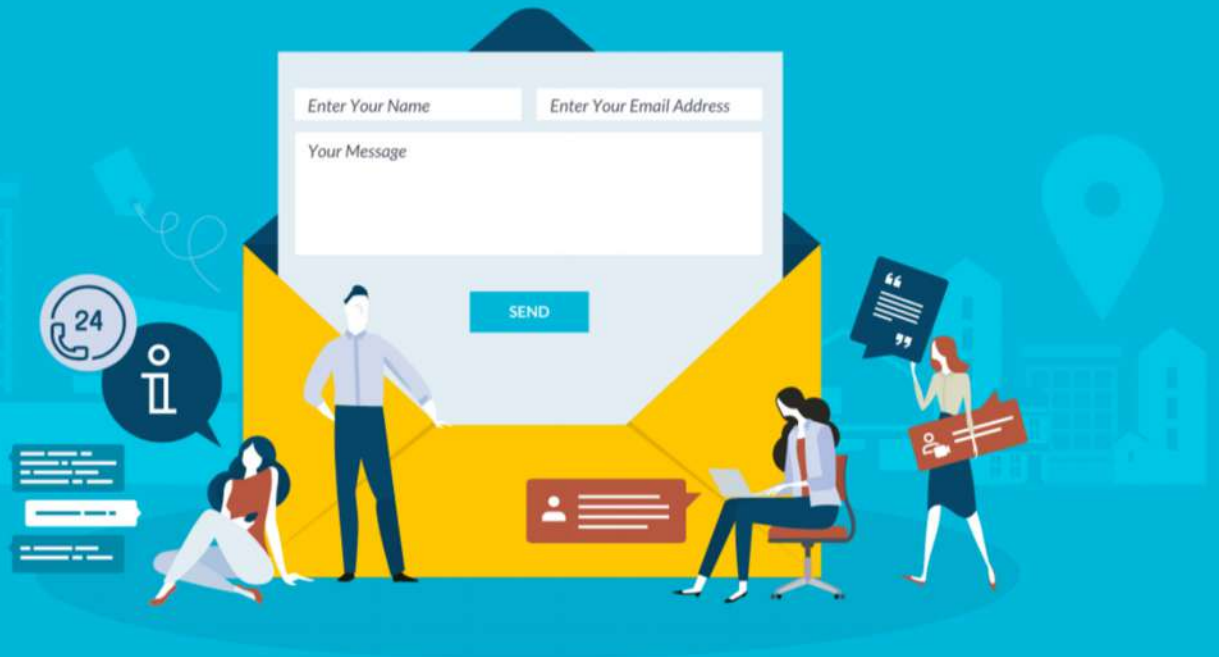


BUSINESS PROJECTS

The Business department took part in the 2023 10X Challenge. Students were given an initial £10 investment and had 4 weeks to see what business they can create – providing them with first-hand experience of becoming an entrepreneur. Students designed their own products, created their own business logos and pitched their business ideas in a national sales pitch competition! Students received awards for 'most inspiring individual' and 'best team overall'.



The 10X challenge encouraged the development of an enterprising mind-set and enabled students to learn the vital skills needed to earn and look after their money.



STAY IN TOUCH

Stay connected with us and never miss out on the latest happenings at UHS by following our social media handles. By joining our online community, you'll have access to all our exciting activities, events, updates and even weekly vlogs. Our social media channels are the perfect way to stay in the loop and get a glimpse into the vibrant life of our school. Be sure to follow us on Facebook, Instagram and Twitter to stay updated and engaged. We look forward to sharing our journey with you through our digital platforms!

Youtube: www.youtube.com/UxbridgeHighSch

Twitter: www.twitter.com/UxbridgeHighSch

Instagram: www.instagram.com/uxbridgehigh

Facebook: www.facebook.com/uxbridgehighsch

LinkedIn: www.linkedin.com/company/94222457